## March

# Breakfast Menu

### **Fruits**

Choose from a variety of fruits to start your morning off right.

#### Grains

Choose from a variety of dry cereal, toast bagel, English muffin or try a cereal bar.

### Milk and Juice

You can also choose white or chocolate milk and a variety of fruit juices including apple, cranberry, grape and orange-pineapple.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
SCRAMBLED EGG	BREAKFAST	FRENCH TOAST	CROISSANT	SAUSAGE GRAVY
BACON	BURRITO	STICKS	SANDWICH	BISCUITS
9	10	11	12	13
BLUEBERRY	EGG & POTATO	WAFFLE	STRAWBERRY	BACON, EGG
MUFFIN	CASSEROLE	SANDWICH	OATMEAL BARS	TOMATO TOAST
		HOT CEREAL		
16	17	18	19	20
SCRAMBLED EGG	BISCUIT	HOMEMADE	BREAKFAST	BOILED EGG
BACON	SANDWICH	QUICHE	PIZZA	SAUSAGE LINK

### HAPPY SPRING BREAK

30	31
FRENCH TOAST	BREAKFAST
STICKS	QUESADILLA

## March

# Lanch Mena

There is a variety of milk and juice available at each meal as well as a variety of fruits to choose from.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
Club Sandwich Or	Steakfingers Or	Korean Beef Bowl Or	Homemade Grilled Cheese	Sliced Pizza
Patty Melt Sandwich	Fish Nuggets	Chicken Teriyaki	Tomato Basil Soup Or	Mixed Vegetables
Sweet Potato Waffle Fries	Au Gratin Potatoes	Stir Fry Vegetables	Chicken Tortilla Soup	
	Coleslaw	Wheat Roll		
9	10	11	12	13
Chicken Philly Sandwich Or	Beef Pot Roast Or	Beef Pot Pie Or	Chicken Tuscan Pasta Or	Meatballs/Gravy
Chicken Quesadilla	Pork Roast	Chicken Pot Pie	Chicken Breast Fillet	Mashed Potatoes
Tater Tots	Carrots and Potatoes	Breadsticks	Angel Hair Pasta	Mixed Vegetables
Seasoned Peas	Wheat Roll		Asparagus	Roll
16	17	18	19	20
Chicken Parmesan Or	·	Stromboli Or	Pork Tamale Or	Sub Sandwich
	Chicken Or Beef Fajitas	Grilled Chicken Breast	Tostadas	Sweet Potato Waffle Fries
Chicken Nuggets Pasta with Marinara Sauce	Spanish Rice		Refried Beans	
	Guacamole, Sour Cream	California Mixed Veggies Macaroni Salad	Remed Beans	Fresh Veggies w/Dip
Asparagus Spears Breadsticks		Macaroni Sarad		
breadsticks				2.2
	Happ	y Spring [	3reak	
30	31			_
Chicken Or Beef Taco	Grilled Salmon Or			
Seasoned Pinto Beans	Chicken Strips			
Calico Corn	Rice Pilaf			
	Asparagus Spears			

## March

# Dinner Ment

There is a variety of milk and juice available at each meal as well as a variety of fruits to choose from.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Chicken Tetrazzini Roasted Asparagus	3 Honey Mustard Chicken Mashed Potatoes/Gravy Seasoned Green Beans Hawaiian Sweet Roll	4 Meatloaf Au Gratin Potatoes Seasoned Broccoli Wheat Rolls	5 Chicken Strips/Grravy French Fries California Veggies	Books (an
9 Super Nachos Mixed Vegetables	10 Bear Burger Lettuce and Tomato French Fries	11 Chicken Quesadilla Seasoned Pinto Beans	Italian Steak Sandwich Tater Tots Seasoned Green Beans	lead You To a
16 Grilled Ham/Cheese Sandwich Steak Fries Mixed Vegetables	17 Salisbury Steak Mashed Potatoes/Gravy Parmesan Brussel Sprouts Wheat Rolls	18 Frito Pie Calico Corn	19 Lemon Chicken Au Gratin Potatoes Seasoned Green Beans	Pot O' Gold
	Spr	ing ak!		
30 Breakfast Enchiladas Hash Brown Potatoes	31 Chicken Taquitos Seasoned Pinto Beans Corn on the Cob			